

1 To Participate in the Event

Traffic Regulations

■Setouchi Shimanami Kaido (Expressway) Main Line

Road Closed Section	Road closure hours
Upstream and downstream from the Imabari IC to the Innoshima North IC	Sunday, October 27, 6:00 a.m. to noon (6 hours)
From Onomichi Bridge entrance to Innoshima Kita Interchange (up and down)	Sunday, October 27, 6:00 a.m. to 10:00 a.m. (4 hours)
Shin-Onomichi Bridge (expressway) is closed to traffic, Onomichi Bridge (public road) is open to traffic.	

- Please be careful if you are traveling to the venue via the Setouchi Shimanami Kaido.
- Traffic regulations will be enforced on some public roads as well.
Please be careful when traveling to the start venue and returning home after the finish.
Please refer to the official website for detailed information on the regulations.

Event Insurance

The organizer will provide accident insurance for all participants.

■Insurance period: From the start of the event to the end of the event

Coverage Benefits		Payment
Accidental Death		¥ 5 million
Disability		¥ 5 million max
Medical Treatment	in-patient (per day)	¥ 5,000 (within 180 day)
	outpatient (per day)	¥ 3,000 (within 90 day)

- ※Compensation for injury, illness, or accident to participants during the event will be covered by the organizer's accident insurance, except in cases of willful misconduct or gross negligence on the part of the organizer.
- ※The organizer's insurance does not cover damage to or theft of bicycles, helmets, clothing, etc., so participants are requested to purchase the necessary insurance on their own.
- ※If you are injured during the event, first aid will be provided at the first aid station, but if you require medical treatment at a hospital, etc., you will be responsible for the cost of that treatment (including initial medical fees).
Please be sure to bring cash and your health insurance card (no photocopies).

What to do in the event of a traffic accident

If a traffic accident certificate is required, the accident must be reported to the police to prove the facts, so please do not leave the area easily and follow the instructions of the event staff or others.

Call center on the day of the event (emergency contact)

Phone: 0898-22-2022 [Reception Hours] October 26 (Sat) 10:00 am – 8:00 pm. October 27 (Sun) 3:30 am – 7:00 pm

Personal Information

The organizer recognizes the importance of personal information and will handle personal information in strict compliance with the laws and regulations concerning the protection of personal information and related laws and regulations. Personal information will be used for the purpose of improving services to participants and for notifications related to participation information. In addition, the organizer or its subcontractors may contact you to confirm the details of your application.

1 To Participate in the Event

! Precautions

※For details, please refer to the event rules on the official website.



■ When cycling on the course

【General cycling rules】

- Please be sure to check the route, branches, closing times, etc. of the course you are going to run.
- Do not overtake the bicycles of the lead staff members cycling at the front of each course.
- Do not wear earphones (except for hearing aids, etc.).
- No drones or other small unmanned aircraft may be flown by participants or related parties.

【Shimanami Kaido: Expressway Main Line】

- Participants in the event will travel only in the lane bound for Onomichi. The downhill lane is for emergency vehicles and entry to the lane bound for Imabari is reserved for emergency vehicles. please not cycle on this lane.
- In single-lane sections, please drive two abreast in the center of the lane.
- Except in the case of an accident or breakdown, stopping on the Expressway is prohibited, and cameras, video cameras, etc. are prohibited while cycling. However, it is possible to take pictures with a wearable camera fixed to a helmet or the like.

■ Three requests from Cycling Shimanami on the Expressway

1. Photography is prohibited.
Stopping is also prohibited
except in an emergency.



2. Do not enter the opposite
lane! Emergency vehicles
will be coming through.



3. Do not enter the shoulder
of the road! There is a
danger of collision with
the set-up and staff.



【General roads and roads for bicycles and pedestrians.】

- Traffic regulations are not enforced except in some areas. Please obey all traffic laws and regulations, do not ride side-by-side, and ride on the left side of the roadway in a single file.
- Please follow the directions of the event staff and others.
- When traveling around curves with poor visibility, always anticipate oncoming traffic and slow down sufficiently.

【Other】

- If an emergency situation such as a J-Alert occurs during the event, please ensure your own safety first, and then follow the instructions of the staff.
- If you see a suspicious person or object, please notify the nearest staff member.

■ Manners

- When overtaking slower participants, please call out to them from behind, and please drive safely, giving each other the right of way.
- To avoid collisions or rear-end accidents caused by sudden braking or steering, please do not look away and keep a sufficient distance between vehicles.

Event canceled.

The organizer reserves the right to cancel or suspend the event in case of earthquake, windstorm, flood, strong winds, incidents, accidents, infectious diseases, J-Alert bulletins, terrorism, or other anticipated dangers. In such cases, entry fees will not be refunded.

■ Final Decision Date: October 27, 2024 (Sun.) 4:00 a.m.

■ Announcement Method: The final decision will be announced on the official website and SNS.

<https://cycling-shimanami.jp/english/>